

WELLNESS INTAKE FORM

Please Print Clearly

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Apt. #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M / F Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Marital Status: S M D W Name of Spouse: \_\_\_\_\_

Number of Children: \_\_\_\_\_ Number of Children Living at Home: \_\_\_\_\_

Name of Child Age Sex Any physical conditions or concerns?

1. \_\_\_\_\_ M/F \_\_\_\_\_

2. \_\_\_\_\_ M/F \_\_\_\_\_

3. \_\_\_\_\_ M/F \_\_\_\_\_

4. \_\_\_\_\_ M/F \_\_\_\_\_

Overall Health: Excellent Good Fair Poor Other: \_\_\_\_\_

Do you drink alcohol? Yes No (If yes, please indicate how much): \_\_\_\_\_

Cigarettes: Yes No # per Day \_\_\_\_\_ Cigars: Yes No # per Day \_\_\_\_\_

List any surgery or operations with approx. date: \_\_\_\_\_



Any Allergies to Medications:

List Any Major Illnesses (Diabetes, Hypertension etc.):

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

Current Medications being taken:

Rx Name	Purpose	How Long?	Dose	How often?	Last dose?
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Nutritional Supplements/Vitamins you are taking:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_

Have you ever traveled or lived outside the U.S.? Yes No

Chief Complaint (reason you are here): (use back of page if more room is needed)

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Previous Treatments for this Complaint: \_\_\_\_\_

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Are you currently under the care of a physician or other health care professionals?

(If yes, please give name and date of last visit):

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

Any food or environmental allergies (dust pollen grass etc.): \_\_\_\_\_

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Any household pets or other animals you or family members are in close contact with: \_\_\_\_\_

Did a friend refer you to me? Who may I thank? \_\_\_\_\_

Please note all services are to be paid in full at the time of your visit. We do not allow any returns on all supplements as we are unable to control the temperature of these products once they leave the office. All sales are final.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_